

LIFE THREATENING ALLERGIES ADMINISTRATIVE PROCEDURES
(Anaphylaxis Procedure)

ALWAYS CALL 9-1-1 FOR SUSPECTED ANAPHYLAXIS

1. Parents will notify the school nurse of their student's medically diagnosed allergy and provide an Allergy Action Plan (AAP) signed by the parent and healthcare provider.
2. The parent (or student if appropriate for self carry) will bring medication to the school clinic (or keep on self) to have available in the event of an allergic reaction. A medication permission form or allergy emergency action plan must be completed and signed by the parent and the student's physician on an annual basis.
3. The school nurse will notify the school staff via a medical alert as appropriate and/or allergy plan of any student identified with known allergies. Specific allergen awareness or avoidance plans will be determined by the school in cooperation with parent/guardian, healthcare provider, administration, teachers, nutrition and custodial staff.
4. The allergy medication for a specific student will be sent with the student or appropriate staff if the student leaves the building on a field trip. Students cleared for self carry should carry their epinephrine injectors on them.
5. The school administrative unit may supply each school building with an epinephrine auto injector for students with **unknown allergies** who present with a life-threatening situation (**to be administered by the school nurse after assessment**). In the event of special circumstances (determined by administrator and school nurse), individually designated staff members may be trained to administer epinephrine to an undiagnosed individual experiencing symptoms of anaphylaxis.
6. School personnel and bus drivers should be trained annually in the care of the student with allergies.
7. Emergency Medical Services (EMS/9-1-1) will be called whenever an epinephrine auto-injector is used in school and every attempt will be made to notify a student's parent. On field trips, the school administrator or school nurse after EMS and the parent/guardian.
8. Most epinephrine auto-injectors contain **.3mg/.3ml** epinephrine for intramuscular use (use for person **over 66 pounds**). The epinephrine auto-injector (junior) contains **.15mg/.15ml** epinephrine for intramuscular use (use for person **33-66 pounds**).
 - Epinephrine auto-injectors may be used through clothing if necessary
 - Remove the colored cap or top
 - Place the colored tip on the thigh at a right angle to the leg (or follow directions on the epinephrine auto-injector insert)
 - Press hard into the thigh until the auto-injector functions
 - Count 3-10 seconds (depending on instructions)
 - Remove epinephrine auto-injector

Graphics for three common epinephrine administration devices (Epi-Pen, Auvi-Q, and Adrenaclick) are provided at the end of this procedure.

- **ALWAYS** call 9-1-1 and send the used epinephrine injector and the suspected allergen (if possible) with the student to the hospital.

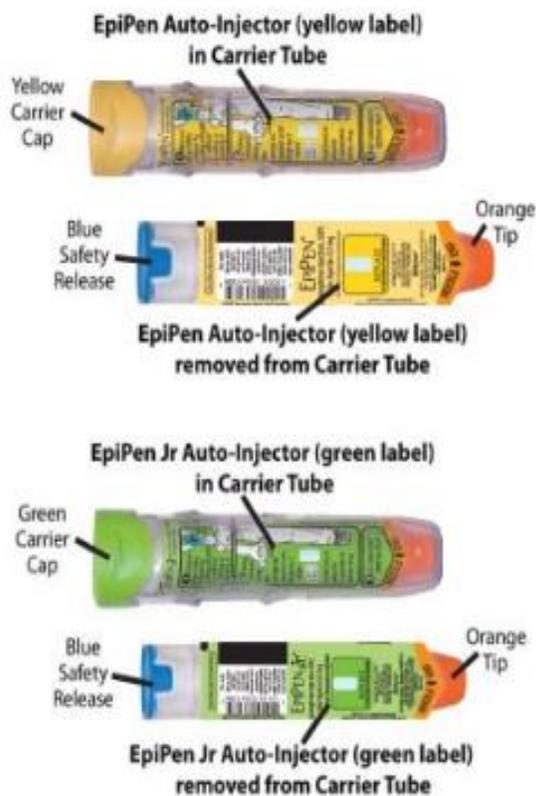
10. A copy of this procedure should be located in the field trip medical bag/kit, along with the **Allergy Action Plan(s)** of any allergy diagnosed student(s) attending the field trip.

At Wells High School and Wells Junior High School, the school nurse will communicate with the coach regarding any medically diagnosed allergic student and review the Allergy Action Plan.

Epi-Pen

<https://www.epipen.com/about-epipen-and-generic/how-to-use-epipen>

Your EpiPen and EpiPen Jr Auto-Injector



1 Remove the blue safety release by pulling straight up without bending or twisting it

2 Swing and push firmly the orange tip against outer thigh so it "clicks"

:03

Hold firmly in place for 3 seconds to deliver drug

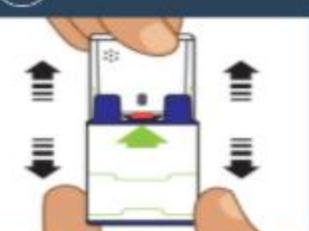
3 GET EMERGENCY MEDICAL HELP !

Auvi-Q

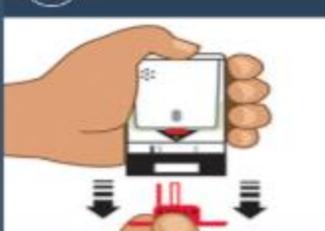
<https://www.auvi-q.com/respond/>

Inject epinephrine in 3 steps²

Step 1: Pull AUVI-Q from the outer case.



Step 2: Pull off Red safety guard.



Step 3: Place black end of AUVI-Q against the middle of the outer thigh, press firmly and hold in place for 5 seconds.



Seek emergency medical help immediately after use

- If the voice instructions do not work for any reason, AUVI-Q will still work during an allergic emergency
- Always read the full instructions for use found in the [Patient Information](#)

Adrenaclick



The following instructions should be followed for both Adrenaclick 0.15mg and Adrenaclick 0.3mg. Additional video instructions on the use of Adrenaclick are available at www.adrenaclick.com.

Patient Directions for Use

Before Use Make Sure Medicine Is Ready When You Need It

Look at the medicine in the Adrenaclick regularly. If it looks cloudy, is discolored, has particles in it, or if the expiration date has passed, the Adrenaclick should be replaced.

Do NOT remove GRAY caps until you are ready to use the Adrenaclick.



STEP A

- Pull off GRAY end cap with [1], you will now see a RED tip. Never put thumb, finger, or hand over the RED tip.
- Pull off GRAY end cap with [2].



STEP B

- Put the RED tip against the middle of the outer side of your thigh (upper leg) as shown. It can go through clothes.
- Push down hard until the needle enters your thigh (upper leg) through your skin. Hold it in place while slowly counting to 10.
- Remove the Adrenaclick from your thigh.
- Check the RED tip. If the needle is exposed you received the dose. If needle is not visible, repeat Step B.



Get emergency medical help right away.

Call 911

AFTER USE/DISPOSAL

- The remaining liquid that is left after the fixed dose cannot be further administered and should be discarded.
- Put the auto-injector, orally, into the carrying case.
- Put the light gray case top over the non-needle end of the Adrenaclick unit and close the case.
- Give your used Adrenaclick to a healthcare worker for proper disposal. Do NOT throw away in a regular trash can.

