

WELLS HIGH SCHOOL STUDENT ATHLETIC CODE

PURPOSE OF ATHLETICS

Athletics are an integral part of the education of every Wells High School student. It is expected that the athletic experience will be enjoyable to the student, provide an opportunity to the student to develop individual skills while learning the values of good sportsmanship, team play, competition, dedication, and team and school loyalty.

THE HIGH SCHOOL ATHLETE WILL

1. Treat officials, coaches, opponents and teammates with respect.
2. Accept victory modestly, defeat gracefully, and never quit.
3. Control his/her emotions at all times and never argue with officials.
4. Accept decisions as they are made and abide by them.
5. Never swear, cheat, or "grandstand."
6. Keep physically and mentally fit and observe training rules set by his/her coach.
7. Use one's influence on and off the court and field to help develop good spectator sportsmanship.

ATHLETIC CODE

Eligibility

- Freshmen, sophomores and juniors must carry a minimum of five courses per trimester.
- Seniors must carry a minimum of four per trimester.
- In order to maintain eligibility, a student may fail no more than one course per trimester.
- Eligibility for athletics/activities is gained or lost on the day that report cards are issued.
- Eligibility for fall sports will be determined by the third trimester grades for the preceding school year; a student may become eligible for fall sports by taking summer school courses approved by the guidance department and activities director.
- If a student withdraws from a course with a failing grade, the student may lose their eligibility for athletics/activities.

Conduct

A student receiving two unsatisfactory citizenship comments ("Unsatisfactory behavior in class" or "Disrupts class") will be ineligible to participate in inter-scholastic sports for two weeks. At the end of the two week period, the student will be re-evaluated by his teachers. Improvement from unsatisfactory will create eligibility for the athlete involved.

Age

Students may participate in athletics until their twentieth birthday.

Duration

A student has four consecutive years of eligibility unless there is an unusual case which will then fall under the jurisdiction of the State Principals' Association.

Season

A student may participate in only one inter-scholastic sport per athletic season. A sport season shall begin on a date set by the MSSPA and end at that season's awards night.

Equipment Return

A student who fails to return equipment will be ineligible to participate in inter-scholastic athletics until the equipment is returned.

Parental permission

The student must give his/her coach a permission slip signed by his/her parents or guardian before attending the first practice.

Insurance

The student is required to carry adequate insurance. Proof of coverage must be presented to the coach. If the student is not insured by a family insurance policy, school insurance is available at the student's expense.

Physical examination

The student is required to pass a school physical examination during the school year or go to his family physician at his/her expense before attending a practice. If a student elects to go to his/her family physician, he/she must have the physical examination card provided by the school signed by the physician and returned to the school nurse, athletic director, or coach.

Substance Abuse/Use

Students will not use, possess, be in the presence of, sell, transport and/or distribute any alcoholic beverage and/or any scheduled drugs or tobacco. This philosophy is not limited to school property or to transportation to and from school events. Students are encouraged to seek help for substance abuse related problems or incidents. To the degree legally possible, such meetings between students and counselor will be maintained on a confidential basis.

With prior approval of the Activities Director, additional rules may be established by the coach of the individual sport. If this is the case, each athlete in that sport will receive a written copy of these rules at the first practice session and return an acknowledgment form signed by the athlete and parent/guardian. Coach's rules take precedence over these rules.

Any member of an athletic team will be suspended from that sport for a period of four (4) weeks for the smoking and use of tobacco.

Any member of an athletic team will be suspended from that sport for the remainder of that season or a period of eight (8) weeks from all athletics, which-ever is greater, under the following circumstances:

- a. Student has consumed, possessed, transported or was in the presence of illegal use of alcoholic beverages during that sport season.
- b. Student used, possessed or transported non-prescribed drugs during that sport season
- c. Student smoked or possessed marijuana during that sport season.

If any athlete receives a second seasonal or eight (8) week suspension, he/she will lose the right to participate in inter-scholastic athletics for a period of one (1) calendar year

from the date of the last violation. Athletes who are in violation of this code will also be subject to administrative penalty. The above rules will be enforced when it is determined by the athletic administrator or the school administration that an athlete has violated training regulations.

Any member of an athletic team who violates the Substance Abuse/ Use training rules in a first offense, and who voluntarily admits to violating the Wells High School substance abuse policy will be subject to the following:

1. A suspension from all practices, events, activities or games that occur during the five (5) school days following the effective date of the suspension. However, the suspended student will be allowed to practice and travel with his/ her team but not participate in any contest for an additional ten (10) school day period. Before being allowed to resume any activity, the student must agree to meet with the school's social worker.
2. A second violation of the substance abuse policy during the school year, or at any time on or after the day of the first tryout, meeting or activity, will result in a suspension from all student practices, events, activities or games for one calendar year
3. A third violation of the substance abuse policy during the school year, or at any time on or after the date of the first tryout, meeting or activity, will result in suspension from all student activities for the remainder of their school career.

Sportsmanship and Citizenship

All participants in athletic programs should understand that it is a privilege to participate in the school athletic program and that the athlete is representing his school, parents, friends, community, coaches, and themselves. Their actions, both on and off the athletic field and court, should reflect these at all times. Therefore, he/she should not behave in a manner unbecoming a lady or a gentleman. Unsportsmanlike acts will be reviewed by the coach, athletic director, and school administration.

Individual Coach's Rules

All athletes must abide by the training, participation, and disciplinary rules established by the coach.

School Attendance

Athletes must be in school on the day of a game or practice by period one with an excused note. In case of a Saturday game, the athlete must be in school on Friday. Excused absences will be for a family funeral, medical appointment or for a reason validated by the athletic director and principal.

Practice Attendance

Athletes are expected to be at all practices and to be on time to each practice. If the student cannot attend a practice, he should inform the coach prior to the starting time.

Practice Requirements

A student must attend five practice sessions before participation in his/her first game.

Dress

Athletes are expected to dress neatly while representing his/her school. Jeans are not considered proper dress.

Equipment

Each student must pay for unreturned or damaged equipment issued to him/her. Students who fail to pay for the unreturned or damaged equipment will be ineligible to participate in the next sport season and will not receive an athletic award. Equipment must be returned within 24 hours following the conclusion of the season or the termination of participation.

Injuries

Athletes should report all injuries to his/her coach. A student who is referred to a physician cannot return to participation until written permission is obtained.

Travel

All team members and coaches shall travel in school-provided transportation to away athletic contests. Any exceptions to this policy must be approved in advance. Only team personnel (players, coaches, trainers and team managers) will be allowed on team buses. All team members who ride to an away game on the bus shall return on the bus unless the coach has approved parents' written permission to travel with their parents or their adult designees only. Prior approval must be obtained in writing from the Director of Student Activities to release students with parental designees. Student athletes are not allowed to drive or be driven to away games without special permission from the Director of Student Activities or Principal.

Termination of Participation

Students who discontinue participation on a sports team must inform his/her coach of this action beforehand. All equipment must be returned within one school day.

School Suspension

Athletes suspended from school will not be allowed to participate in practice of athletic contests during the suspension period.

Additional Rules

Additional rules may be established by the coach of the individual sport. If this is the case, each athlete in that sport will receive a written copy of these rules at the first practice session.

DUE PROCESS AND THE ATHLETIC CODE

Any student athlete disciplined under this athletic code who believes that there has been a violation or inequitable application of any of the provisions of this code, may, at his/her option, invoke the following appeals procedure. Discipline will remain in effect during the appeals procedure.

- 1 Student athletes and parents/guardians are encouraged to discuss with the coach any disciplinary action taken by the coach. Any such action taken by the coach shall be reduced to writing and shared with the athlete and activities director.
- 2 If the athlete is not satisfied with the disposition of the matter, he/she shall have five (5) calendar days to appeal the decision in writing to the Activities Director. the Activities Director shall render a decision, in writing, within two (2) calendar days and provide a copy top the athlete. If no appeal is made within five (5) calendar days, the matter shall be deemed settled.
- 3 If the athlete is not satisfied with the judgment of the Activities Director, he/she shall have five (5) calendar days to appeal the decision to the Principal. The

Principal shall have five (5) calendar days to render his/her decision and the reason therefore in writing. If no appeal of the Activities Director decision is made within five (5) calendar days, the matter shall be deemed settled. The decision of the Principal shall be final.

MEMBERSHIPS

State Principals' Association, Southern Maine Wrestling League and Southern York Secondary School Association.

REQUIREMENTS FOR LETTER AWARDS

The athlete must complete the season if physically able.

Cross Country - Place in top seven for our team in half of the meets.

Baseball - Play in 40% of the innings. Pitchers are awarded at the discretion of the coach.

Football - Play in 40% of the quarters.

Field Hockey - Play in 40% of the halves.

Softball - Play in 40% of the innings. Pitchers are awarded at the discretion of the coach.

Track - Earn ten points or be seeded in the regional meet.

Cheerleading – Cheer at all the games unless excused by the advisor.

Basketball – Play in 40% of the halves.

Golf – Play in 40% of the varsity matches.

Lacrosse – Play in 40% of the quarters.

Soccer – Play in 50% of the halves.

Tennis – Compete in 40% of the matches.

Wrestling – Compete in 40% of the varsity matches.

Managers - Attend all practices and carry out all duties as assigned by the coach.

AWARDS

- Certificates of participation will be awarded to all athletes who complete the season.
- Letters and numerals will be given to the athlete the first time he earns the award.
- Pins will be awarded to athletes who earn a varsity letter and who have already received a varsity letter.
- Trophies will be awarded to athletes who break school, league, and state records.
- SYSSA All Stars will be awarded plaques by the Athletic Boosters. Athletes will be awarded jackets by the Athletic Boosters by winning a League or Regional or State Championship. Athletes will be given only one jacket during their career and with additional recognitions, patches will be presented (New Spring 1985.). A student who does not earn a team championship jacket, will earn a jacket with an individual league, regional or state championship. A student may earn a jacket for attaining two letters in one sport or a total of three letters.

WELLS-OGUNQUIT COMMUNITY SCHOOL DISTRICT Athletic Participation and Parental Approval Form

Student _____ Home Phone _____

Mailing Address _____

This application to compete in interscholastic athletics for the Wells-Ogunquit Community School District is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules and regulations of the school or of the State Principals' Association.

"I hereby give my consent for the above-named student to: 1) represent his school in athletic activities; 2) accompany any school team of which he/she is a member on any local or out-of-town trips."

"I authorize the school to obtain, through a physician of its choice, any emergency medical care that may become reasonably necessary for the student in the course of such athletic activities or such travel."

Please select one of the following:

1. I hereby agree that I will carry for my above-mentioned child adequate accident insurance coverage and will also indemnify and hold harmless the Wells-Ogunquit Community School District from all expense or damage resulting from participation in any approved and sponsored athletic activity.
Yes____ No____ Company_____ Ins. Policy #_____
2. I hereby agree to purchase football insurance through the Wells-Ogunquit Community School District at a rate which covers my child during the football season only.
Yes____ No____
3. I will have my son/daughter obtain school insurance at the high school office which will cover my child in all sports other than football.
Yes____ No____

Please read the attached code

"I hereby acknowledge that I have been given a copy of the Wells High School Athletic Code and I acknowledge that I have carefully read the regulations that are contained in the code."

Signature_____ Date_____

This form should be returned to your coach within 24 hours of receipt of the form. You will not be able to participate in practice or games unless this form is on file with the Athletic Department. This form covers the above named athlete for one school year.

Adopted by the Wells-Ogunquit C.S.D. School Committee:	07/16/86
Amended by the Wells-Ogunquit C.S.D. School Committee:	09/02/87
Revised by the Wells-Ogunquit C.S.D. School Committee:	06/30/06