

## TEACHING ABOUT ALCOHOL, DRUGS AND TOBACCO

Drug abuse includes any physical or mental state resulting from the use of a drug for any purpose other than its medically prescribed use, and that this mental and/or physical effect precludes realization of the educational potential of the individual. The objectives of the drug education curriculum are rooted in the School Committee's belief that prevention requires education and that the most important aspect of the policies and guidelines of the District should be the education of each individual student to the dangers of drug use. The Superintendent shall be responsible to establish and periodically review the District's guidelines for staff members in conducting drug education and dealing with drug abuse.

### Objectives of Drug Education Curriculum:

1. To create an awareness of the total drug problem-prevention; education; treatment; rehabilitation; and law enforcement on the local, state, national and international levels.
2. To inform the students of the effect on the body of narcotics, sedatives, hallucinogens and stimulants through the gym, and social studies classes.
3. To relate the use of drugs and alcohol to physical, mental, social and emotional practices.
4. To encourage the individual to adopt an appropriate attitude toward pain, stress and discomfort.
5. To develop the student's ability to make intelligent choices based on facts and to develop the courage to stand by one's own convictions.
6. To understand the need for seeking professional advice in dealing with problems related to physical and mental health.
7. To understand the personal, social and economic problems causing the misuse of drugs and alcohol.
8. To develop an interest in preventing illegal use of drugs in the community.
9. To enhance communication skills between the student, family, peers and others.
- 10 To promote a positive self-image.