

HEALTH EDUCATION

The District is committed to a sound, comprehensive health education program as an integral part of each student's general education. As required by state law and regulations, sequential instruction in health education shall be required. Health education shall include instruction in community health, consumer health, environmental health, family life, growth and development, nutritional health, personal health including mental and emotional health, prevention and control of disease and disorders, safety and accident prevention, and substance use and abuse, including the effects of alcohol, tobacco and narcotics.

The School Committee, in an effort to promote a relevant, dynamic approach to the instruction of health education, will continue to stress the need for curricular, personnel and financial commitments which are necessary to assure a high quality of health education.