

Common Side-affects of a Dancer

Anxiety

Dizziness

Forgetfulness

Excitement

Joy

Fear

These are all common side-affects of a dancer.

When your in the studio, you dance; but only to learn the steps.

At the recital, it's a completely different story.

Just before you're about to go onstage, when you're in the wings, you forget every step that you learned from six months of practice. But you are so very anxious and excited that you can't stand without having to silent scream because this is your moment you have been waiting for; and this is the moment that you get to show everyone who you are.

A dancer.

When you're on stage, you don't feel anything. All you know is that your feet are moving and you can't control them. It feels like you're flying. But when you think about it, you are flying. Your feet are taking you where they want to go. You let them take you above and beyond; so high above the treetops and mountains that you forget who you are.

You are in a parallel universe where nothing matters but dance.

There's just no telling where you'll go next. And even though you are dying to know where you're going, you don't question yourself because you are afraid that you might ruin the moment.

Then out of nowhere,

BAM!

Your time runs out and you walk off stage like nobody just saw you do double perouitts and jazz-squares.

Like nobody just saw you dance.

And then you feel all dizzy inside because you have stepped out of that whole other world, and now you're back on the ground. But it feels like you just landed off of a plane that was doing donuts in the air and couldn't stop.

You forget the whole experience. All you see is flashes of it coming back to your memory.

It's just a big blur.

You question yourself.

What was that?

Was it a dream?

Is this reality?

But you can't answer any of these questions because you are getting rushed by Mr. and Mrs. what's-their-names to go off stage and back to the audience to watch the rest of the show.

Then you realize... It's over.

You also begin to understand this:

You left the audience stunned.

Total Wow-factor.

You are the reason that the audience is still clapping during intermission.

But this isn't the reason why you dance.

You don't dance because the audience loves it and is amused.

You dance because you love it.

Not because people looking for a good show or because it's just another one of those things that keeps mankind entertained.

It's because of the joy, the forgetfulness, the fear, the anxiety, the dizziness, that keeps you dancing.

Calling it a hobby is an understatement.

Calling it amazing is an underrate.

Dance is a piece of art that moves in such a way that you are intrigued even after it is done.

As you walk back to your seat to watch the finale, you receive the flowers and hugs and good- jobs.

But you don't need those because you know that you did your personal best.

And you are positive of this:

Your passion for dance spreads like a wild fire that can never be put out.

You are a flame that created such a movement that you just kept on going.

You are the Totally - Awesome superhero in your brothers' comic book.

And guess what?

You are a dancer.

Anxiety

Dizziness

Forgetfulness

Excitement

Joy

Fear

Passion

These are all common side-effects of a dancer.
So if you ever experience any of these symptoms,
you may be a dancer, too.